

The Polish model of „Family Life Education” brings good results

Comparison of health situation in selected countries

Three types of sex education

We can distinguish three main types of sex education (according to classification prepared by The American Academy of Pediatrics):

- A) abstinence-only education, chastity education,
- B) biological sex education,
- C) comprehensive sex education (comprising both types above mentioned).

The permissive sex education B or C is present at schools in western Europe and it causes a lot of undesirable situations among young people (and also among older ones): the number of sexually transmitted diseases increase, as well the number of abortion and adolescent pregnancies.

In Poland the situation looks better thanks to the implementation of “Family Life Education” (sex education type A) during the rules of AWS. It doesn't mean yet that the school programs and their execution by teachers shouldn't be improved.

It would be a terrible mistake to introduce in Poland the sex education B or C (as it was done in e.g. Great Britain or Sweden), because it may bring the disastrous results among young people.

Table 1. The number of abortions in 2004.

Country	Population (thousands)	The number of legal abortions per year	The number of legal abortions among the underage (15-19)	The number of births among the underage (15-19)	The number of underage women (15-19)	The number of women in reproductive age	Births
France	60 381	205 593	27 062	15 181	1 902 932	12 272 523	767 816
Poland	38 180	199	less than 199	20 461	1 487 431	8 384 255	356 131
USA	293 623	1 287 000	215 000	415 408	10 249 000	62 044 887	4 115 590
Sweden	8 994	34 454	6 400	1 594	274 188	1 719 169	100 928
Great Britain	59 835	197 913	40 387	49 633	1 894 754	14 304 830	695 549

The numbers in the table 1 are the numbers of the officially registered abortions in the mentioned countries and do not include illegal ones. The number of not registered abortions in Poland oscillates between 7 and 14 thousands per year.

Abroad this phenomenon is not so common, because of the “legality” of abortion (the estimations shows that the number of “underground” abortions oscillates between 1,5-5% of the number of births).

It's necessary to explain that the numbers in the table 1 do not include abortions caused by the use of the day-after pill and RU 486, which destroy human life at the first stage, but are approved by the law and, unfortunately, used in all the mentioned countries apart from Poland.

Table 2. Abortions rate.

Country	The number of abortions per 1000 births	The number of abortions per 1000 women in childbearing age	The number of births among the underage per 1000 inhabitants	The number of births among the underage per 1000 underage women
France	267,76	16,75	0,45	14,22
Poland	0,56	0,02	0,54	13,76
USA	312,71	20,74	0,73	20,98
Sweden	341,37	20,04	0,71	23,34
Great Britain	284,54	13,83	0,67	21,31

The numbers in the table 2 shows unambiguously that the Polish model of family education (sex education type A) brings the best results.

Table 3. Sexually transmitted diseases.

Country	The number of syphilis cases per 100 000 inhabitants in 2005	The number of gonorrhea cases per 100 000 inhabitants in 2005	The number of chlamydia cases per 100 000 inhabitants in 2005	The number of HIV/AIDS infected in 2003	The number of HIV/AIDS infected per 1000 inhabitants
France	0,66	0,88	no report	120 000	1,99
Poland	0,52	0,26	0,87	14 000	0,37
USA	3,00	115,60	332,50	950 000	3,23
Sweden	2,20	6,47	364,18	3600	0,40
Great Britain	3,81	37,25	166,41	51 000	0,85

The information in this table shows that the best situation regarding sexually transmitted diseases (syphilis, gonorrhea, Chlamydia, HIV/AIDS) is in Poland.

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We invite you to the website of the Polish Pro-Life Association: www.pro-life.pl

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